PRINCIPAL’S REPORT

On Monday we held our first student led PBL Assembly, where we acknowledge positive behaviour, have our RRC (Respect, Responsibility and Care) ticket draw and outline the expectations for behaviour and learning for the next three weeks. Well done to Year 8 – who (along with Year 12) are the best behaved year group in the school and to Year 10, who have earned the most number of RRC tickets. Emma Housden and Emily Piddington were this week’s winners of the RRC ticket draw. Emma won two canteen vouchers and Emily won a Coles voucher.

SRC – Congratulations to the SRC. Twenty six students were elected and undertook a one day workshop last week. It is a group with plenty of drive and energy who are fantastic ambassadors for Narromine High School. The full list of students is in this edition of the Newsletter.

2014 Student Representative Council members

Thanks Rotary – We really appreciate the support we get from many local organisations. The Narromine Rotary Club kindly donated $200 to Narromine High School to cover transport for Year 11 students to attend RYDA – a driving awareness course in Dubbo this week.

School Review - The school executive is working through the findings, strategies and recommendations from last year’s school review to determine a course of action for implementing the findings. A presentation will be made to the P&C’s April meeting outlining the review actions and the plans for implementing recommendations and strategies.

Top performances:
- SRC – Putting their collective hands up to model and lead the school
- Brad Simmons and Lakeisha Hull who were amongst Narromine’s best
basketballers in Dubbo earlier this week. Both Narromine teams tried hard against some tall and difficult opposition.

- **Year 7 scientists** – who dressed up as famous scientists, interviewed each other and shared morning tea last week

Stan Hanrahan, Daneil Hughes, Marcus Newbigging

Mr Thakur, Rivah Brooks, Mr Sloan, AJ McNaught and Emily Sharwood

The key **positive behaviours** that we are targeting for the next three weeks of term are:

- Always follow instructions immediately
- Stay on task, complete work and allow others to complete their work

Please give me a call or drop by to discuss anything concerning your child and Narromine High School.

Mick Sloan
Relieving Principal

**CAREERS NEWS**

**CSU My Day- Paramedics and Nursing**

Come and experience life as a Nursing or Paramedic student at Charles Sturt University- Bathurst on Tuesday 18 March. Please see Mrs Davison for more details and a registration form.

**Air Force Cadets**

The Dubbo Air Force cadet squadron is a youth organisation, predominantly by volunteer’s efforts, dedicated to training young Australians between 13 and 18 years. It develops qualities such as leadership, self-reliance, confidence, teamwork and communication. Activities include flying, field craft, adventure training, firearms, safety training, drill and ceremonial, service knowledge, aero modelling, navigation and gliding. The squadron meets every Monday night from 6pm - 9.30pm. For further information contact Mark Wright: 0408 693 002

**Men’s Shed**

Tyrone Scott and Mason King commenced work experience at the Men’s Shed in Narromine. The boys participate in furniture repairs and restoration whilst sharing the worldly experiences and wisdom of the local members. This positive partnership between the Men’s Shed and Narromine High School began 12 months ago. During this time it has fostered friendships and an informal mentoring program for some of our young students. Staff, students and members of the Men’s Shed have seen great value in this partnership and hope it continues for years to come.
Career in Radiation Oncology Seminar – Orange - 21 March 2014
An exciting opportunity has become available for careers advisers and students in Years 9 - 12 to learn about a career in Radiation Oncology, including learning about a career as a radiation oncologist, radiation therapist and radiation oncology medical physicist. This seminar is aimed at students interested in physics, biology and/or maths.
The students will be provided with hands on experience and the opportunity to speak with current members of the profession as well as a tour of the local Radiation Oncology department in Orange. Study requirements and career opportunities will also be discussed. See Mrs Davison if interested.

Rotary Youth Exchange
Get a glimpse into the life of another culture without having to leave the comfort of your home! Rotary are seeking local Narromine families to host an exchange student from July-December this year. See Mrs Davison for more information or phone Geoff Smith on 6889 5447.

Graduates of 2013
Last year we saw 21 young adults complete their HSC at Narromine High School. Many were successful gaining entry into their desired course at university, while others are studying at TAFE, having a GAP year, employed or waiting to gain entry into Army/Police force. We are all proud of the direction you have taken for your future.

Scott Harding – studying Social Work at CSU Wagga
Kyall Flakelar - studying Nursing at CSU Wagga and was the recipient of the Puggy Hunter Scholarship valued at $15 000 per annum.
Jack Dolton- studying Radiography at CSU Wagga
Maddie Geyer - studying Law/Criminology at UNE
Caitlin Poulson - studying Nursing at UNE
Glenn Simmons – studying Creative Arts and Design (photography) at CSU Wagga
Dan Battishall - currently completing a GAP year (working at NDF) and will commence studying Construction Management at Newcastle Uni in 2015
Calob Powell - employed locally
Jay Willoughby - having a GAP year and hopes to join the army/police force in 2015
Emily Beahan - studying Animal Studies at TAFE
Lucy Cottee - employed at a local web design company
Tiffany Jones - studying Certificate III in Beauty at TAFE
Zoe Wheeler – studying Children’s Services Certificate III at TAFE
Braydon McManus Langman – employed at Garden Scape Design
Brody Monaghan – having a GAP year working locally and hopes to join the army in 2015
Liam Heterick – welding apprenticeship with Ken Hilder Trangie
Victoria Newlands - About to start a hairdressing apprenticeship at Artology in Dubbo
Jordyn Neve - about to commence work at Jeans West Dubbo
Janaya Carney - employed locally
Matthew Carter – currently seeking a greenkeeping apprenticeship
Alice Clarke – unknown
Year 10 and 11 leavers from 2013

Brad Fazzari (11) – after completing work placement with Alford Hydraulics in Dubbo he was offered an apprenticeship with them and commenced employment in January 2014

Aaron Waters (11) – apprenticeship with Mark Gleeson Builder in Trangie after work placement with the business

Kalob Sheedy (11) – apprenticeship with CJ Smyth Building after work placement with the business

Dean Wardman (11) – apprenticeship with Dubbo City Toyota

Luke Hyland (10) – apprenticeship with NDF after completing his Year 10 work experience with the business

Brandon Lordan (10) – apprenticeship with Early Rise Bakery, Dubbo after completing Year 10 work experience with them

Jake Carney (10) – traineeship in agriculture with the Browning family after completing Year 10 work experience with them

BASKETBALL

On Monday 3 March, the Open Boys and Open Girls basketball teams participated in a round robin basketball competition held at Dubbo Sportsworld. Condobolin, Mudgee, Wellington and Dubbo were also represented. Whilst facing tough opponents, both of the Narromine teams had their skills and fitness tested. The 4 x 7 minute quarters went quickly as the players tried their best to defend against fast breaks, aggressive offense and even slam dunks! Both teams walked away with a win each. Overall, the students enjoyed the day playing basketball, and in true Narromine High fashion, put up a strong fight against some big schools. Well done to those students who participated.
ATTENDANCE MATTERS!

This term, *Home School Liaison Officers* will interview students about absences (partial, lateness, whole days & truancy).

The law in New South Wales regarding attendance at school is very specific. Children between the ages of six and seventeen years must attend school on all days the school is open unless there are justified reasons for an absence. All absences must be satisfactorily explained to the school at which the child is enrolled.

You are legally responsible for ensuring that your child/ren attends school each day school is open.

All students’ attendance is monitored on a daily basis. *It is expected that all students arrive at school on time to begin daily lessons.*

All absences can be explained by note, a phone call or personal explanation from their parent/carer.

---

**SRC PLANNING DAY**

We had a great planning day with SRC last week. The highlight for the students seemed to be the free chicken burgers! My highlight was observing the hilarious antics of students miming ‘Chinese Whispers’ and the respect, responsibility, care and leadership shown by all present. I’m looking forward to a great 2014 as SRC adviser with these wonderful representatives.

Mr Kiernan, SRC Co-ordinator

*Joseph, Jonathon, Rebecca, Annabelle and Nathan – Year 12 SRC members*

*Cooper learning to fly!*
2014 SRC MEMBERS

Year 12
Mollie Anning (C)
Jonathon Simmons (C)
Annabelle Powell (VC)
Joseph Parker (VC)
Nathan Leach
Rebecca Sinclair

Year 11
Kaitlin Butcher
Cody Neve

Year 10
Cooper Anning
William Coleman
Bradley Simmons
Sophie Walker

Year 9
Fallon Attwater
Casey Coupe
Abbey Geyer
Troy Harding
Dylan Poulsen

Year 8
Mark Coleman
Matrika Munday
Cameron Simmons
Samantha Tighe

Year 7
Amelia Corcoran
Brittney Haddon
Joshua Hennessy
Marcus Newbigging
Emily Sharwood

MERIT ASSEMBLY - TERM 1 - 2014

The Merit Assembly for Term 1 will be held at Narromine High School Assembly Hall on Tuesday 1 April, at 11.30 am. All parents, caregivers and community members are cordially invited to attend.
In the upcoming weeks parents will be notified by mail, if their child is to receive an award.
Students are actively collecting the PBL RRC’s (Respect, Responsibility and Care) recognition slips/awards from their class teachers, as part of their accreditation for Bronze, Silver, Gold and Principals’ Awards over the course of the year.
Students are reminded to place their RRC slips in the PBL boxes outside the Deputy’s office or in the Library for collation. In addition, students who have participated positively in excursions, carnivals or community activities are asked to check with their teachers that the ‘yellow achievement slips’ or faculty awards are completed. It is then the students’ responsibility to put these awards into the PBL boxes.
All students are reminded to be in full school uniform, as this is an important whole school function.
Michelle Lyons
Librarian (for the PBL Committee)

WHERE ARE THEY NOW?

We have introduced a new article in the newsletter for 2014 titled “Where are they Now?” This article will highlight the careers/achievements of past students. If you would like to feature in this article or may be in contact with other past students - please e-mail Jan Davison jan.dowling@det.nsw.edu

LUKE WALKER
Graduating Year: 2011
Tertiary Education: Currently I’m in my third year of medicine at the University of New South Wales in Sydney.
This year I am carrying out my own independent research which focuses on vaccination rates among medical students and will be taking an Italian class on the side.
While there is a lot of time spent in lectures and tutorials there is also a significant amount of time spent on learning fundamental practical skills, such as listening to the rhythm of a heartbeat, eliciting reflexes or testing for neurological dysfunctions with a handy pen torch. These hands-on moments would have to be a definite highlight along with many others that would just take too long to mention.
Best memories of NHS: Looking back on my life at Narromine High, I can honestly say that I am proud to have come from a smaller school where one-on-one time with teachers is possible – it helped to shape my character and achieve my goal of gaining entry to UNSW. One of my fondest moments was organising
‘Pink Day’ with the help of SRC and my co-captain, Rachael. I also have to say that senior chemistry with Mrs Hyland and mathematics with Mr Leite are both rated highly as well. At the moment I am hoping to move to Wagga Wagga at the start of fifth year for a more rural centred approach to medicine to align with my desire to practice rurally in the future. As for what I currently want to specialise in, that's a little bit harder to answer… I'm thinking either GP or neurologist but I still have many years to decide on which is for me.

RYDA Excursion to Dubbo

On Monday, Year 11 attended a RYDA (Rotary Young Drivers Awareness Program) excursion in Dubbo. The day was designed for students to attend different sessions where experts briefed them about road safety and the law. In the ‘My Wheels’ segment, students designed their dream cars with safety features. Different types of features like ‘Crumple Zones’, ABS brakes and their functions were discussed in detail. Safe driving and the requirements by law were discussed at length by members of the police force. Students also had the opportunity of listening to the story of a motor vehicle accident survivor who suffered a brain and spinal injury.

Students give gift of life by donating blood

Last week Narromine High School students helped save lives by making donations to the Dubbo Blood Bank. If more great students can do it, so can everyone else!

The Australasian Red Cross Blood Service and the Dubbo Blood Donor Centre are asking local residents of Narromine to come forward and donate the gift of life. Be part of the life saving team and give blood to help someone who needs blood or plasma to keep them going.

The Narromine Blood Bank will be visiting the Dubbo Blood Donor Centre on Monday March 14 leaving from the Narromine Hospital. Eight more donors are needed to help support visits.

NHS students at RYDA in Dubbo

Luke Walker 2013

From the vault - Mrs Davison and Luke Walker, 2011 school captain
The most significant part of the program was ‘Stopping Distances’. In this segment students had the opportunity to participate as passengers in a vehicle driven by a driving instructor. They learned how an extra 10km/h makes a huge impact in terms of stopping distances.

Mr Thakur
Senior Mentor

2014 PREMIER’S COMMONWEALTH GAMES CHALLENGE

As an awareness and promotional campaign leading into Glasgow, ACGA NSW is conducting a competition open to all school students in NSW with a range of prizes available for individual students and participating state and private schools. Total prize pool for the PREMIER’S COMMONWEALTH GAMES CHALLENGE exceeds $15,000.

- Open to all Year 7-12 level students in NSW
- Submission is audio visual based - submitted on disc or USB (edited approximately 90 seconds duration).

The theme for entry submissions is as broad as the high number and quality of athletes that have represented Australia and the many sports that have and will feature on Commonwealth Games programs. Topics may include:

- Your favourite Australian athlete/s at Commonwealth Games
- Favourite sport/s or group of sports at Commonwealth Games
- Greatest ever Commonwealth Games moment, memory or event
- Evolution of the Games – Empire to Commonwealth. What does the future hold?

For more information, please see the notice board at the PDHPE office.

STUDY SKILLS TIP FOR MARCH – 5 REASONS NOT TO PUT OFF STARTING ASSIGNMENTS

Here are 5 reasons why you should start working on your assignment immediately.

1. GET YOUR BRAIN THINKING ABOUT THE TOPIC:
   Even if your assignment isn’t due for weeks, start thinking about it immediately. At the very least, answer the key starter questions (below) on the day you get your assignment. Even if you are not thinking about it directly, your subconscious will be hard at work.

2. FIND LIBRARY RESOURCES: Although the school or local library will probably not be your main source of reference, you should drop in soon after receiving the assignment. Your teacher will probably have alerted the school librarian to the assignment and reference books, magazines etc may well be displayed. These will disappear quickly if the whole class has the same assignment. Books, periodicals, magazines can sometimes be a useful general overview for an assignment and they help to clarify a direction as you begin to immerse yourself into the assignment topic. It is not a good idea to only use Google!

3. DISCOVER OTHER RESOURCES: You could also ask your local librarian for any additional direction on where to look for resource material for your assignment. Librarians are often your best source of information. They know how to help people access relevant and appropriate information, in books, the Internet or computer based references. One of the challenging aspects of Internet based searches for school students is the complexity, language and purpose of websites, not to mention bias and reliability.
4. STARTING EARLY MEANS MORE TIME TO EXPLORE & ASK FOR HELP IF NEEDED: If you do some initial research on the assignment points you’ve identified through the library, references your teacher may have given you, school textbooks, and general internet search engines, you could find yourself having more direction in your research. For example: Perhaps there isn’t enough information, or perhaps you find you don’t understand important concepts, or perhaps you need to speak to your teacher to get further clarity. If you find this out early, you will still have plenty of time to plan, research, write and present your assignment. Imagine if you didn’t start your assignment for a week or so, and then discovered you needed more guidance. You could easily run out of time.

5. CREATE A SAFETY NET: Starting your assignment immediately will give you a safety net in case you get sick, or something unexpected happens. Assignments are usually given because they require more time; students must plan a strategy or schedule to ensure they are completed. You should always have a schedule that allows for the unexpected.

A MATTER OF EXTREME IMPORTANCE
Aerosol cans are not to be brought to school
This is because we have people on site who have severe life threatening reactions to aerosol sprays.

Students have been advised of this policy
Failure to comply with it may result in suspension

Dubbo Basketball Association and Hammondaire Hoop Group Present -

Elite Youth Basketball Training for Dubbo and surrounding areas

Open to boys and girls - 8-18 years old

When - 8 and 9 March at Dubbo Sportsworld from 9 am – 4 pm each day

Cost - $88

YOU MUST REGISTER ONLINE

Hammondaire Elite Youth Basketball Camps and Clinics focus on the athlete & "Student of the Game" enrichment. We teach high level player development to all ages. For more information visit our website and sign up today

www.jhamm2315.wix.com/hammondairehoopgroup
OR call Alicia Johnson : 0434 011 206 for more details

The Hammond Brothers Are Coming to Dubbo!

DBA Representative players are strongly encouraged to attend. Open to all Junior Basketball players
## Guide to Acceptable School Shoes

<table>
<thead>
<tr>
<th>Acceptable School Shoes for boys</th>
<th>Acceptable Boy's Shoes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Images of acceptable boys shoes]</td>
<td>Black Hard soled</td>
</tr>
<tr>
<td></td>
<td>Leather School Shoes</td>
</tr>
<tr>
<td></td>
<td>White leather upper</td>
</tr>
<tr>
<td></td>
<td>jogger</td>
</tr>
<tr>
<td></td>
<td>Upper foot protection</td>
</tr>
<tr>
<td></td>
<td>Non-slip sole</td>
</tr>
<tr>
<td>![Green checkmark]</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Unacceptable Boy's Shoes:</td>
</tr>
<tr>
<td>![Red cross]</td>
<td>Rabens, Vans or Black</td>
</tr>
<tr>
<td></td>
<td>soft sole sport shoe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Acceptable School Shoes for girls</th>
<th>Acceptable Girl's Shoes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Images of acceptable girls shoes]</td>
<td>Black Hard soled</td>
</tr>
<tr>
<td></td>
<td>Leather School Shoes</td>
</tr>
<tr>
<td></td>
<td>White leather upper</td>
</tr>
<tr>
<td></td>
<td>jogger</td>
</tr>
<tr>
<td></td>
<td>Upper foot protection</td>
</tr>
<tr>
<td></td>
<td>Non-slip sole</td>
</tr>
<tr>
<td>![Green checkmark]</td>
<td>Laced (preferred) or</td>
</tr>
<tr>
<td></td>
<td>leather strap</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unacceptable School Shoes</th>
<th>Unacceptable Girl's Shoes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Images of unacceptable shoes]</td>
<td>Ballet flats, Rabens or</td>
</tr>
<tr>
<td></td>
<td>Vans</td>
</tr>
<tr>
<td></td>
<td>Smooth sole with little</td>
</tr>
<tr>
<td></td>
<td>grip</td>
</tr>
<tr>
<td>![Red cross]</td>
<td>No/Token heel</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Acceptable Sports Shoes</th>
<th>Acceptable Sports Shoes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Images of acceptable sports shoes]</td>
<td>Lace up/ Velcro</td>
</tr>
<tr>
<td></td>
<td>Covers all of the top</td>
</tr>
<tr>
<td></td>
<td>of the foot</td>
</tr>
<tr>
<td></td>
<td>Provides arch support</td>
</tr>
<tr>
<td></td>
<td>and sole protection</td>
</tr>
<tr>
<td>![Green checkmark]</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unacceptable Sport Shoes</th>
<th>Unacceptable Sport Shoes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Images of unacceptable sport shoes]</td>
<td>No slip-ons or dress</td>
</tr>
<tr>
<td>![Red cross]</td>
<td>shoes</td>
</tr>
</tbody>
</table>

*Students undertaking practical based subjects need to wear lace-up shoes that protect their feet against drops and spills. WHS requirements may result in students who are not wearing shoes with sufficient protection being excluded from some practical activities. If in doubt please purchase lace-up shoes.*