WHAT'S COMING UP?

MAY

15 Parent Teacher Interviews 4.30 – 6.30 pm in multi-purpose centre

19 PBL Assembly

21 Girls Rugby 7’s – Victoria Park, Dubbo

28 CWA Public Speaking @ USMC

29 Immunisation – 2nd round - all Year 7 and 9 boys

P&C MEETING
TUESDAY 3 JUNE
AT 7.00 PM
ENQUIRIES –
PHIL SIMMONS
6889 8393

PRINCIPAL’S REPORT

I would like to take this opportunity to welcome everyone back to school. Term 2 is a very important term in the school calendar, particularly for senior students, who can set themselves up for the rest of the year by being organised and working hard now. It is also a very short term, being only nine weeks in length.

New Staff: Ms Sandy Birkett joins the Narromine High Staff as the School Administration Manager for the remainder of the year. Ms Birkett brings a wealth of experience to Narromine High School and is a welcome addition to the team.

Uniform: The recent blast of cold air has provided a timely reminder about uniform expectations. Students are required to wear navy blue jumpers, tops, or hoodies. Coloured tops are not uniform. Wearing correct uniform is a sign of both respect and responsibility. If you need some support accessing uniform see Mrs Bennett.

Top performances:
- Joseph Parker lost his locks and raised $4,375 for the Leukaemia Foundation after participating in “Shave for a Cure”
- Frances Spackman – awarded a NSW Mining Scholarship.
- Rex Harris has commenced an Indigenous School Based Apprenticeship with Robert Handsaker Ford
- NHS Teaching staff – supported the PD/H/PE faculty at the cross-country last Thursday – a great afternoon.
- DJ Kennedy – has been selected in a NSW under 16 state development rugby league squad.
- Year 10 students – including Cooper Anning, Rex Brown, Blake Crossingham and Nick Jones received fantastic feedback from employers whilst on work experience in the last week of Term 1

The key positive behaviours we targeted for the first three weeks of term were respect in the classroom and responsibility on the playground. For the next three weeks we will be focusing on completing work.

Please give me a call me or drop by to discuss anything concerning your child and Narromine High School.

Mick Sloan
Relieving Principal
CROSS COUNTRY
On Thursday 1 May, students from Narromine High School participated in the Cross Country Run starting and ending at Rotary Park. Year 6 students from Narromine Public School also participated in the run and gave the Year 7 students a run for their money! The distance ran ranged from 3000m to 8000m. It was a perfect autumn afternoon which delivered some very quick times amongst the junior years. The Western Cross Country Championship will be held on Wednesday 11 of June at Wellington Race Course. Please see the results below:

| Girls 12 years | 1. Larissa Kennedy | 2. Talia Hohnberg | 3. Brittney Haddon |
| Boys 13 years | 1. Rivah Brooks | 2. Tyler Edgcumbe | 3. Lachlan Poulson |
| Boys 14 years | 1. Lane Edgcumbe | 2. Matthew Bullock | 3. Ryan Fee |
| Boys 17 years | 1. Nicholas Reid | 2. Samuel Willoughby |

WHERE ARE THEY NOW?
Kate Masoch (nee Healey)

I graduated from NHS in 1997 and then studied at the University of Western Sydney. I graduated with a Bachelor of Social Science (major in psychology) in 2001 and a Bachelor of Law (1st Class Honours) in 2003 and was awarded the University Medal for Law in 2003. After completing study at the College of Law I was admitted as a Solicitor in 2004 and began work as a solicitor at a criminal law firm based in South Sydney. From 2005 I have worked as a solicitor for numerous NSW State government departments including: Office of Environment and Heritage; Office of the Director of Public Prosecutions and Legal Aid Commission. This has given me extensive experience in the fields of environmental and criminal law as both a prosecutor and defence lawyer.

I am really grateful that I was able to study the subjects I wanted to whilst staying at home with my family and going on to achieve my goal of becoming a solicitor. Although legal studies wasn't offered at NHS when I was in Years 11 and 12, I was able to study this via distance education.

Some of my fondest memories of NHS are of the 'buddy' system that was implemented for Year 12 students. I was fortunate to have Jill Wythes as my buddy. She provided me with constant support that lasted well beyond my high school years and was a wonderful mentor.

SEVEN’S RUGBY COMPETITION IN BATHURST
24 students and staff attended St Stanislaus College at Bathurst on a chilly Tuesday. The boys left Narromine High at 7.00am and arrived at Bathurst at 9.30am. Mr Garner coached the under 14’s and Mr McCabe coached the under 16’s. Both sides played in a draw that included eight other schools. The under 14 side consisted of Sam Green, Aiden Butcher, Jordan Itoya, Isayah Kelly, Carlos Nykolyn, Cameron Simmons, Mikey Edwards, Brett Johnson, Mark Coleman, Zarrin Galea, Rivah Brooks and Tyler Edgcumbe. The team played James Sheahan High, South Dubbo High and The
Dubbo Christian School. They performed well against much larger schools and finished the day with a convincing win.

Mr Garner said particular mention should be given to some of the smaller Year 7 students who played up an age group and gave it their all.

The under 16’side consisted of Cye Beer, Washington Itoya, Isaac Thompson, Jarrod Hennessy, Rex Brown, Dalton Turner, Kane Walsh, Thomas Shennan, Brad Simmons, Jake Barnes, Nicklas Rasmussen and Cooper Anning. These students played James Sheahan High (17 all draw), Coonamble (win) and South Dubbo High. They played South High twice on the day losing narrowly the first time and winning convincingly the second time. They were unlucky not to make the final.

We had an excellent day, well run by the Australian Rugby Union (Mark Debrincit) and St Stanislaus College. Narromine High students represented the school in a sportsmanlike manner and made many new friends.

**UNE OPEN DAY**

On Thursday 1 May Mrs Davison and eight Year 12 students packed their winter woolies and headed off to Armidale to take part in the University of New England’s Open Day. Students gained a real taste of university life on our first night by staying in a residential college on campus. We ate in the dining hall, caught up with ex Narromine High students (Maddison Geyer and Caitlin Poulson), won the trivia night and even experienced a fire evacuation at 2 am. On Friday we had a chance to explore the university and residential colleges, attend information sessions on applications and scholarships and gain information on individual courses from lecturers and current UNE students. These students constantly displayed our core values of Respect, Responsibility and Care throughout the excursion.
TERM 1 AND 2 WHOLE SCHOOL SPORT

Whole school sport was a success last term, with students enjoying a range of sports including touch football, softball, cricket, volleyball, basketball, netball, fishing, squash, table tennis, badminton, golf, aquatics, tennis and walking. Term 2 sports include basketball, netball, touch football, cricket, softball, football codes, volleyball, badminton, table tennis, squash, tennis, weights, walking and circus. So that your child can enjoy whole school sport, please consider the following:

- Sport choice forms (Years 9 - 11) need to be signed and returned to the office
- Please bring personal medication to sport, including puffers
- Bring appropriate clothing, including a hat and a jumper for cooler days
- Bring along a water bottle

CAREERS NEWS

University of Technology  Engineering

There is an opportunity for Year 9-12 Indigenous students who are interested in engineering or IT to attend a five day program at UTS in the July or September school holidays. There is no cost involved as transport, accommodation and meals are free of charge. If interested – please see Mrs Davison before Friday 6 June.

Macquarie Matrons feedback

The thirteen Narromine High School students who volunteered at the Macquarie Matrons Ball have received wonderful feedback this week. The Macquarie Matrons Committee commented that they could not have put on such an event without the help from our students. “The students
worked very hard and were invaluable in making the night a success. They did a wonderful job and Narromine High School should be truly proud of them. The catering company, Pronto, wrote to the Macquarie Matrons and said, “The beautiful students who volunteered for us did Narromine proud. They exhibited maturity beyond their years and truly helped to make the event. Well done to these wonderful ambassadors of Narromine High School. These students will be presented with certificates at the next PBL assembly.

HSC Seminars
The 2014 HSC Seminars for Year 12 students will be held this year on Thursday and Friday, June 5 & 6 at the Dubbo RSL Club, Brisbane Street, Dubbo. With only some five months before exams commencing in October, this is a timely seminar. Students from Dubbo and surrounding areas are very fortunate to have this experience and aims to place students from rural and regional NSW on a similar footing to their city-based counterparts. Higher School Certificate (HSC) students preparing for exams will get a head start to exam preparation, time management and how to maximise marks. This two day event will include former HSC markers, authors of textbooks and study guides, university lecturers and teachers.

All Year 12 students should attend these very worthwhile seminars. Students will have to make their own travel arrangements to and from Dubbo and the cost is $80.00 for both days. Notes and timetables will be given out to students this week.

University of Newcastle Summer School
University of Newcastle are offering a five day residential experience for Year 9 students. This program aims to:

- Expose students to the range of study and career options that exist for HSC graduates with Maths and Science subjects
- Inspire students to build upon their potential to succeed in Years 10, 11 and 12.

If any students are interested - please see Mrs Davison for more information.

Another success for Kyall
Kyall Flakelar a graduate of 2013 was recently awarded an Australian Vocational student Prize for 2013. This award recognises Kyall’s achievements in his School based Traineeship at the ANZ bank. Kyall received $2,000 prize money. Kyall’s employer commented on his high level of communication and self-management skills and his well-developed initiative. He was an effective member of the ANZ team and was highly regarded by his colleagues.

MERIT ASSEMBLY
This term’s Merit Assembly will be held at Narromine High School Assembly Hall on Thursday 26 June. All parents, caregivers and community members are cordially invited to attend. In the upcoming weeks parents will be notified by mail, if their child is to receive an award. Students collecting the PBL RRC’s (Respect, Responsibility and Care) recognition slips/awards from their class teachers are to have these in the PBL boxes (in the Library and DP office) by the end of week 6, Friday 6 June, for collation.

It is the students’ responsibility to check that any absences or uniform concerns are explained by notes from parents and caregivers as these form part of the PBL merit system.

All students are reminded to be in full school uniform, as this is an important whole school function.

Michelle Lyons – Librarian (for the PBL Committee)
ENGLISH
During Term 2 Year 8 will be completing their novel study for the term. We are excited about some new novels which students will be reading. They come highly recommended and have been nominated for a number of awards. You can look forward to reading responses to these stories in future newsletters. We are also purchasing audio books of many novels to assist weaker readers to become more engaged with these rich and valuable texts.

Year 9 are also completing a reading unit this term, with a focus on the fiction of the future. This is the literature of “WHAT IF???” Students will be choosing from a range of novels… both old favourites and some new texts. They will be challenged to develop their own ideas about the world of the future.

Year 12 will again be embarking on the study of the staple Year 12 text, The story of Tom Brennan.

STUDY SKILLS
Do you have students who are riding a rollercoaster at school? Rollercoaster study is where students stay up late doing last minute assignments, then they take it easy for a while and do very little, then panic again when something is due and have to spend huge amounts of time at the end completing the work. If students plan ahead and are prepared, they will find school much less stressful and more rewarding.
Here are the top tips for students for thinking ahead:

1. STUDY NOTES: If you know that you have a test at the end of each topic or examinations approaching, then on the nights you don’t have much homework start working on your study notes and summaries. File them in folders at home so they are ready to go when you need them.

2. ASSIGNMENTS: Always start the assignment the day it is given to you, even if it is just a little bit. Make sure you understand the requirements and if you don’t ask your teacher the next day. Brainstorm the steps the first night and do a rough plan of when you will do each step.

3. ASK FOR HELP EARLY: There is nothing more frustrating than a student who says ‘I haven’t understood anything we did in the last three weeks’. Ask for help as soon as you have a problem. Keep a list of questions for your teacher on a post-it in your textbook or sticky notes on your computer. Don’t let problems or issues build up, ask for help early and often.

4. THINK ABOUT WHO YOU SIT NEXT TO: Choose wisely who you will sit with in class. This can make a world of difference to your results. If you sit with someone where it is a productive relationship, you encourage and help each other and stay on task in the classroom you will understand your work better and have less to do at home.

5. CONSIDER YOUR WEEK: Plan ahead for busy times. If you know you have nights where you can’t do much work or a busy weekend, plan ahead and get things done early. Always look ahead for possible times where you could be caught short of time and make plans to avoid problems.
Premier’s Secondary School Sport Challenge

Our school has registered to participate in the **2014 NSW Premier’s Secondary School Sport Challenge**.

The purpose of the Challenge is to encourage students to participate in sport, games and physical activity and to have more students, more active, more often!

Over a ten week period (commencing in Week 3 Term 2), our sport houses, Doongara, Wyamba, Girralang and Nurrewin will be monitoring physical activity we do during class time, at recess and lunch as well as during sport.

What we do outside school hours will also count towards the Challenge award for our house. Each student will be issued with a Challenge log book to record their physical activity. For health benefits, students are encouraged to work towards the recommended national daily activity standard of 60 minutes of moderate to vigorous physical activity per day (Australian Government Department of Health and Ageing, 2004).

**Moderate activities** can be as simple as -
- brisk walking
- bike riding with friends
- skateboarding
- yoga and
- dancing.

**Vigorous activities** are usually associated with activities such as
- football
- netball
- aerobics
- soccer
- running
- fitness circuits
- swimming laps
- training for sport

Individual students may contribute a maximum of 85 minutes a day. Students are also encouraged to download the free PSC app for smart phones or desktop, to aide in recording and monitoring their physical activity level.

Students completing the Challenge will receive a personalised certificate from the Premier of New South Wales.

Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience while having fun with family and friends.

If you would like to discuss any aspect of the Challenge or make suggestions, please contact Mr Hoyle, who will be pleased to talk further with you. For more information on the *NSW Premier’s Sporting Challenge* please visit [www.online.det.nsw.edu.au/psc](http://www.online.det.nsw.edu.au/psc)

I know our students are really looking forward to participating in the *NSW Premier’s Secondary School Sport* Challenge and having fun along the way!

Mr Hoyle

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**Reforms to P&C Federation**

The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will...
introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations. Each school’s P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation’s Annual General Meeting and councillors who will serve on the Federation’s Board of Management. More information will be available on the Department’s website at -

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PICS FROM TERM 1 SOCIAL

THEME – AROUND THE WORLD