WHAT’S COMING UP?

MARCH
5
• Western Region Swimming
• Shine Sista

6
• Yr 10 Geography Excursion

10
• Lachlan SRC Meeting
  – Trangie

11
• Science & Engineering Challenge
• Open Boys/Girls Basketball
• Uni Roadshow

12 & 13
• SLR/Biology Warrumbungles Exc

13
• Yr 7 Immunisations
• Yrs 7 – 10 CSU Future Moves

18
• Athletics Carnival

P&C MEETING
TUESDAY
7 APRIL 2015
AT 7.00 PM
ENQUIRIES –
PHIL SIMMONS
6889 8393
PRINCIPAL’S REPORT
Well done to Year 7 science on quality learning. Students have been researching famous scientists. On Tuesday, they presented their learning to visiting staff and fellow classmates. I was most impressed with the details students were able to recall about well-known scientists, such as Fiona Woods and eye surgeon Fred Hollows.

Mr Glenn Stewart, Director of Schools for the Lachlan School Group, enjoyed his visit to our Student Representative Council planning day, held on Friday. It was very encouraging to see students participating in considered debate about topics of importance to them.

A focus in the last fortnight has been the finalisation of the 2015-2017 school plan. The results of extensive consultation last year are being incorporated into the final draft. The plan will be on our web site early in term two.

Mrs Kym Orman, who led the review of school culture at the end of 2013, accepted my invitation to visit the school last week to review progress in implementation of the recommendations. We are aiming to meet all requirements by the end of the year.

This week, Mrs Deb Penson and Mrs Tanya Harding joined our staff as tutors for the Norta Norta program. They will be assisting Year 8 students in their classes.

I was most fortunate to be able to host a luncheon for our school captains and vice captains at Soul Food café on Friday. We were accompanied by Mrs Orman and Mr Stewart, both of whom commented on how lucky we are to have such impressive young people as student leaders. It was a pleasure to have a recent visit from Mrs Maureen Horne, who lives in England. She taught at our school in 1969. Mrs Horne saw many changes in our school, however she felt right at home in her old staff room, which has changed little since her time.

Top Performances
Mr Kiernan and SRC members on their SRC planning day
Abby Geyer for her input into the leadership team meeting on Monday, on behalf of SRC members.

Year 10 Work Studies class students who are participating in a volunteer program at Timbrebongie House and Community Health Day Care

Mr Thakur, Mr Scholes and Year 7 science students on quality research projects

Year 11 students - showing respect, responsibility and care when attending a one day driver safety workshop in Dubbo on Tuesday, which was sponsored by Rotary.

Angela O’Callaghan
Principal

PLEASE UPDATE YOUR CONTACT DETAILS
If your address or phone/mobile number has changed, please pass this information on to the school by phoning 6889 1499 or email narromine-h.school@det.nsw.edu.au

MORNING TEA WITH YOUNG SCIENTISTS
Year 7 have completed their first assessment task about Famous Australian Scientists. They enjoyed morning tea as they pretended to be the scientist they had researched. Students interviewed each other about their findings and the contribution of their scientist to society. Some students dressed as their chosen scientist. They showcased their discoveries by bringing in items such as a shearing hand piece invented by David Unaipon and an artificial eye to represent Fred Hollows.
MEET THE TEACHER – JUDITH PIDDINGTON
Judith has lived in Narromine all her life and graduated from Narromine High School in 1977. She studied Bachelor Music and Bachelor Teaching at University of New England graduating in 2013. Judith has taught at Dubbo College Delroy Campus and Narromine High School. She is with us for term 1 in the English faculty teaching Years 7 – 10. Judith also teaches music privately and plays the organ at St Augustine’s Church.

GREAT AUSSIE BUSH CAMP
A reminder to all Year 7 caregivers:
The $50 deposit for the Great Aussie Bush Camp in December is due to the office by the end of this week. Without a sufficient number of students and deposits, the camp cannot go ahead. Please contact the Junior Mentors if you have any questions.

2015 ATHLETICS CARNIVAL
Doongara, Girralang, Nurrewin and Wyamba will compete for house points and the trophy on Wednesday March 18 at Payten Park. First event will be approximately 9:30am. Participation and fun is the focus of the day. It is also an opportunity for competitive students to get points for their house and earn their spot to represent the school at Western athletics later in the year. All family and friends are invited to support the students on the day. If you would like to offer support by volunteering on the day, please contact PDHPE via the office.

2015 SWIMMING CARNIVAL RESULTS

<table>
<thead>
<tr>
<th>House</th>
<th>Swimming</th>
<th>Belly Flop</th>
<th>Get Wet</th>
<th>Fashion</th>
<th>Balls</th>
<th>Chants</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doongara</td>
<td>1292</td>
<td>150</td>
<td>68</td>
<td>20</td>
<td>30</td>
<td>200</td>
<td>1760</td>
</tr>
<tr>
<td>Girralang</td>
<td>1059</td>
<td>10</td>
<td>68</td>
<td>30</td>
<td>40</td>
<td>100</td>
<td>1307</td>
</tr>
<tr>
<td>Nurrewin</td>
<td>1021</td>
<td>80</td>
<td>46</td>
<td>40</td>
<td>10</td>
<td>50</td>
<td>1247</td>
</tr>
<tr>
<td>Wyamba</td>
<td>813</td>
<td>110</td>
<td>65</td>
<td>10</td>
<td>20</td>
<td>150</td>
<td>1168</td>
</tr>
</tbody>
</table>

Wednesday 11 February saw Doongara, Girralang, Nurrewin and Wyamba battle it out for house points in the 50m Narromine Pool. Events on the day included the competitive individual and team events and novelty events including; chanting, belly flop, get wet, ball chase and the fashion parade. Mass participation usually sees sport houses receiving the trophy at this event, and Doongara did just that. Congratulations to Caitlin Bayliss (3:30.34, 15yrs) and Jacinta Coupe (3:38.91, 14yrs) who broke the records for 200m Individual Medley. A big thank you goes to the Narromine Swimming Club for their support during the day.

AGE CHAMPIONS:

<table>
<thead>
<tr>
<th>12 Girls</th>
<th>Maram Edwards</th>
<th>Nurrewin</th>
<th>13 Boys</th>
<th>Jack Davison</th>
<th>Girralang</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 Girls</td>
<td>Larissa Kennedy</td>
<td>Girralang</td>
<td>14 Boys</td>
<td>Karl Uele</td>
<td>Doongara</td>
</tr>
<tr>
<td>14 Girls</td>
<td>Jacinta Coupe</td>
<td>Nurrewin</td>
<td>15 Boys</td>
<td>Joseph Williams</td>
<td>Wyamba</td>
</tr>
<tr>
<td>15 Girls</td>
<td>Caitlin Bayliss</td>
<td>Doongara</td>
<td>16 Boys</td>
<td>Troy Harding</td>
<td>Doongara</td>
</tr>
<tr>
<td>16 Girls</td>
<td>Casey Coupe</td>
<td>Nurrewin</td>
<td>17+ Boys</td>
<td>Bradley Simmons</td>
<td>Doongara</td>
</tr>
<tr>
<td>17+ Girls</td>
<td>Lana Monaghan</td>
<td>Nurrewin</td>
<td>17+ Boys</td>
<td>Bradley Simmons</td>
<td>Doongara</td>
</tr>
</tbody>
</table>
2015 SRC PLANNING DAY
Our new leaders for 2015 had a great day planning for the year ahead and getting to know each other as a team. The morning kicked off with a focus on team work and strategic direction. Our first guest speaker, Kim Orman, had students working enthusiastically on goals as part of the new school plan.
The SRC has always been a great vehicle for fundraising and creating memorable school events. This year will also see the students focusing on raising student voice (advocacy) and ‘doing the little things that can make a big difference’. Mr Glen Stewart (Director Public Schools NSW, Lachlan District) and Principal, Mrs Angela O’Callaghan, sat in on our first meeting and found themselves part of a lively discussion on the new bell system and how students choose the music. Some great options were put forward to be presented to the school executive.
Our day included a free lunch, (a big YAY! from the kids), and team-building exercises. Some of these were run by our more experienced leaders, who voluntarily organised activities and had us all in fits of laughter. Thanks to Kaitlin Butcher, Abbey Geyer and all those who participated as a team.
We now look forward to our first Lachlan District Leaders Day in Trangie this month, our end of term social and representing the student body throughout the year.
Mr Kiernan: SRC Adviser

CAREERS NEWS

Uni Roadshow
Year 11 and 12 students have the opportunity to attend the University Roadshow which will be held at Dubbo Senior College on Wednesday 11 March. This is a collaboration between Charles Sturt University, University of New England and Southern Cross University. Each University will present information about the courses they offer, entry programs and campus accommodation. Notes need to be returned by Tuesday 10 March.

Year 10 Work Studies
As part of the Year 10 Work Studies class students are participating in a volunteer program at both Timbrebongie House and Community Health Day Care. Students enjoy morning tea with residents, play card games, give manicures, hand massages and take residents for walks. Both students and residents are thoroughly enjoying their time together. This week the class will be commencing their First Aid Course.
FUTURE MOVES - Charles Sturt University visit
Charles Sturt University will be visiting Narromine High School on Friday 13 March to run workshops with Years 7 - 10. This is part of the Future Moves program which is about shifting attitudes towards higher education. Future Move's goal is designed to encourage students to see university as part of their future and as a way for them to realise their dreams. This workshop is extremely worthwhile and increases our students’ awareness of different career opportunities.
Mrs Jan Davison
Careers Adviser

YEAR 7/11/12 VACCINATIONS
Each year NSW Ministry of Health (in conjunction with NSW Department of Education & Communities) offers vaccines recommended by the National Health and Medical Research Council for adolescents as part of the school based vaccination program.
In 2015 the following vaccines will be offered -

Year 7 male and female:
- Diptheria/tetanus & whooping cough
- Human Papillomavirus - three doses
- Varicella(Chickenpox)

Year 11 and 12 male and female:
- MMR - measles, mumps and rubella

A vaccination clinic will take place at Narromine High School on Friday 13 March for Year 7 – HPV1 and dTPa. Year 11 and 12 will be vaccinated in Term 2.
Information packs and Consent forms have been sent out to parents. Please return completed consent forms to the office ASAP.
Mrs Jan Davison
Vaccination Coordinator

STUDY SKILLS
Impact of reading from a screen versus from printed material - By Dr. Prue Salter
Students now spend a lot of time reading from a screen: computers, kindle, mobile devices. The research into the implications of this are still in the early stages, however current evidence indicates that at this point in time print may be slightly superior to the screen in relation to comprehension, learning, retention and ease of use. However, as screen technology continues to advance, interfaces become increasingly intuitive and personal preferences change from early exposure to reading on a screen, this may change – and may have already changed for some individuals. Technology is here to stay, so the key pieces of advice for students (and parents) are listed below. One of the best articles to read on this debate is by Jabr (2013) The Reading Brain in the Digital Age: The Science of Paper versus Screens http://www.scientificamerican.com/article.cfm?id=reading-paper-screens.

Advice for Students and Parents:

1. DEVELOP BOTH PAPER AND DIGITAL LITERACY SKILLS
   Students need to develop their reading, comprehension and learning skills in both arenas. They need to develop one set of skills to build their competence in reading and learning from paper, however they also need to develop a completely different set of skills: digital literacy and navigation skills. Some parents are critical of the use of technology in schools and fearful that students’ handwriting and learning will be affected (Salter, 2013), however in an increasingly digital world it would be irresponsible of schools to neglect developing students’ digital literacy skills. Two of the units that are useful in this area on www.studyskillshandbook.com.au are the Reading Skills unit and Technology Tools unit.

2. CREATE OPPORTUNITIES TO MAINTAIN HANDWRITING SKILLS
   Finland has long been known as a leader in many educational aspects. Recently it was announced that Finland will no longer teach cursive handwriting in schools. They will continue to teach printing, however, when students would normally transition to ‘running writing’ instead they will learn keyboarding skills. This signals a change in the traditional approach. In Australia there is comprehensive testing being undertaken to look at holding both Naplan and final Year 12 examinations online. There are no indications as to when this
will take place. At this point in time, as tests and examinations are still handwritten, students are advised that when it comes to exam time, they should handwrite their study notes or if typed then print them out when they are learning them. They should also actively create opportunities to maintain their handwriting skills, consciously choosing to handwrite at times when they might normally type. Visit the Writing Skills unit for tips on improving handwriting as well as some special pens that will assist.

3. **LEARN TO TOUCH TYPE**
   While we have had the ability to dictate into a device for some time, this is still not in common usage. Learning to touch type is a skill that definitely pays off in the senior years in terms of saving huge amounts of time. There are links to free learning to touch type websites in the Technology Tools unit.

However even though I have tried, I still find it very difficult to take in information from a screen if I am trying to absorb, learn and remember information. We are all at different stages on the journey of being comfortable with learning online. We cannot assume that all students are comfortable with technology. Instead it is true that different students will be at different points along this path. Students need to keep both skill sets. In you have to write essays in an exam without the aid of a computer, then you need lots of practise in this area! If you find it hard to remember what you are learning on the screen then make notes on paper, but at the same time also look to improve and develop your digital learning literacy skills as well. In many ways it is a matter of attitude, be open to learning in many different ways and look for opportunities to improve the way you learn in all mediums.

**A MATTER OF EXTREME IMPORTANCE**

**Aerosol cans are not to be brought to school**
This is because we have people on site who have severe life threatening reactions to aerosol sprays

Students have been advised of this policy

Failure to comply with it may result in suspension

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**NARROMINE JUNIOR LEAGUE REGISTRATIONS**

2015 all new and re-registrations are to be completed online at - [www.foxsportspulse.com](http://www.foxsportspulse.com) and find Narromine Junior League.

Follow the prompts.

$100 for first and second child, $50 for third and fourth etc.

Find Narromine JRL on Facebook for quick link.

Call Registrar Flic Ward on 0419 130 979 or email narrominejrl@hotmail.com for enquiries or if you need PCYC grant forms.

**PBL FOCUS: RIGHT PLACE, RIGHT TIME, RIGHT EQUIPMENT**

Hello and welcome to 2015 from the PBL team! The focus term one is Right Place, Right Time, Right Equipment. This has been especially important for our 2015 Year 7’s as their efforts now will help set the tone for their first year of high school. For the rest of Narromine High’s students, term one has been about settling back in and forming good habits to allow them to have a productive year. Keep up the good work Narromine High!