WHAT’S COMING UP?

MARCH
18 • Athletics Carnival
19 • Red Cross Youth Ambassador Day
• CHS Netball – Dubbo
• Girls/Boys Touch/Soccer – Gilgandra
• Shine Sistaz
20 • Western Zone Chess – MAGS Dubbo
23 • Yr 12 Music – Dubbo
• Bangarra Aboriginal Dance, Dubbo - NASCA
24-27 • Royal Easter Show – Chicken Comp Excursion
25 • Western Area Rugby League
25-28 • State Swimming
26 • Social – NEON theme
• Shine Sistaz

P&C MEETING
TUESDAY
5 May 2015
AT 7.00 PM
ENQUIRIES – PHIL SIMMONS
6889 8393
PRINCIPAL’S REPORT

Another Successful Carnival
Thank you to everyone who contributed to the success of our athletics carnival. It was great to have Mrs Wallace join us for the day. Parent/caregiver support was especially appreciated. Our students enjoyed the spirit of the event and are to be commended on showing our core values of respect, responsibility and care.

Staffing Matters
Applications have closed for the position of Head Teacher science. Shortlisting will be done on Thursday. Panel representatives are Fiona Walker (P&C) Sharron Bulley (AECG) Sean Crammond (Staff) Suzie Frost (Head Teacher science Gilgandra High School) and Angela O’Callaghan. I am expecting to be given approval to convene a panel for the position of Head Teacher maths prior to the end of term.

School Plan
Thank you to Mrs Bennett, Mrs Kym Orman and Mrs Kearines for their work towards finalising the school plan. Evaluation of initiatives will be ongoing, to ensure we are meeting the needs of our students and achieving our objectives.

Extra curricula Activities
I never cease to be amazed at the number of extra curricula activities enjoyed by students at our school, thanks to the generosity of our staff. In the last fortnight, we have had students participate in Western NSW swimming trials, a planning day for SRC at Trangie, Science and Engineering Challenge in Dubbo, open boys and girls’ basketball, and an overnight excursion for SLR and biology students to the Warrumbungles. On Thursday students will be involved in touch football, soccer and combined high schools netball. Our best wishes go to our chess team, under the leadership of Mr Vaughan Ellen. They will compete against Macquarie Anglican Grammar School on Friday.

Please Contact Us
Please don’t hesitate to contact the school about any matter of importance to you. Nothing is ever too small to bring to our attention.

Top Achievers
- The many staff members who have taken students on excursions and sporting trips over the last two weeks.
- Our students gaining third place at the Science and Engineering Challenge in Dubbo last week.
- The girls relay team making it to CHS State Swimming Championships - Jucinta and Casey Coupe, Lana Monaghan and Abby-Lee Quarmby
- Prezlea Brouggy: selected to represent the Australian Appaloosa Association in Austin Texas in June 2016
- Chantelle Walsh: qualified in Sydney for State Irish dancing competition
- NHS students who attended and received medals at the RSL State Swimming Championships held last weekend - Jucinta and Casey Coupe, Caitlin Bayliss, Josh Hennessy.
- Kaitlin and Aiden Butcher competed at the Australian Junior Athletics Championships held at Sydney Olympic Park recently.
- Kaitlin and Aiden Butcher, Brad Simmons, Edward Walker and Jacob Taylor will be competing at the NSW Little Athletics State Championships at Sydney Olympic Park this weekend.

Angela O’Callaghan
Principal
HSIE NEWS

Year 10 (Group2) Geography students recently went to Dubbo as part of an assessment task on Urban Growth and Decline, visiting the Western Plains Cultural Centre and Old Dubbo Gaol. The highlight of the trip, from a student viewpoint, was assisting in the growth of Dubbo. This was done by enthusiastically maintaining links between the local community, the global fast food market and multi-national corporations: Macca’s and Subway competed for the undivided attention of our hungry scholars. The students were great on the day and have since handed in some excellent work. Well done Year 10.

Indigenous Programs is a new course that has started in 2015 for some lucky Year 10 students. One of the aims of the course is to promote Aboriginal culture and learning for young people while strengthening community links and connection to country. The students have come up with some wonderful ideas that members in the local community are eager to assist with. The ladies at the Lands Council have shown their enthusiasm for the program and have opened the doors of the Keeping Place in Narromine as a place of learning and connecting. Students, Mrs Bayliss and Mrs O’Callaghan are pictured at the bush tucker day in which we got to eat kangaroo and emu, followed up by some tasty Kumquat scones. A BIG thank you to Pauline Middleton and Shelly Bayliss for all their help. This year we are planning to go camping, paint a mural and learn and teach Wiradjuri and dancing. The students are keen to spread their knowledge beyond the school grounds and we are looking at linking up with some of the primary schools and other groups in town. This program is being well-supported by staff, especially Mrs O’Callaghan and Mark Smith.

Mr Kiernan
WESTERN SWIMMING CARNIVAL – THURSDAY 5 MARCH
Well done to students from Narromine High who represented the school at the Western Swimming Championships. These students were Jucinta and Casey Coupe, Jack Davison, Larrisa Kennedy, Lana Monaghan, Jacob Seymour, Josh Hennessy and Jarod Hennessy. Congratulations to the girls senior 200m freestyle relay team. Participants make it through to state with many swimmers competing up an age group. A special mention to Jack Davison who made it through to state for the 100m backstroke. Good luck in Homebush to all swimmers who are competing and representing Western Districts.

CAREERS NEWS
University Road show excursion
Year 11 and 12 took part in the University Roadshow excursion last week. Charles Sturt University, University of New England and Southern Cross University spoke about various courses, accommodation, entry requirements and opportunities on offer at each of the universities. Students gained a better understanding of university life and increased their overall interest in attending university after school.

Charles Sturt University visit – Future Moves Program
The Future Moves team visited NHS last week and conducted career workshops with Years 7, 8, 9 and 10. This program encourages students to explore career options and opportunities that come from higher education. It inspires students to consider university as a viable option. It also builds awareness of university with students who may think that university is not for them.

UP AND COMING CAREER EVENTS:
March 19  -  Red Cross Youth ambassador training
April 13  -  CSU MyDay Bathurst- Communication and Creative Industries
               CSU My Day Orange- Dentistry, Pharmacy, Physiotherapy
May 1    -  UNE Open day
May 6    -  Dubbo Tertiary expo

BEST IN THE NATION!
Congratulations go to both Kaitlin and Aiden Butcher who competed against Australia’s best junior athletes last week at the Australian Junior Athletics Championships at Sydney Olympic Park. Both students earned qualification through to All Schools Track & Field Championships. Kaitlin was up against tough competition and achieved eighth place in the under 18’s javelin. Aiden threw 48.15metres to earn bronze in the under 15’s discus. The highlight was getting gold by throwing the javelin 45.03 metres to become the under 15 Australia junior champion for javelin. Congratulations to both Kaitlin and Aiden.
**CHS BASKETBALL**
Week 7 saw the open boys and open girls basketball teams compete against Cobar, Wellington, Gilgandra and Dubbo at Dubbo Sportsworld. Both teams faced fierce competition in skill and stature. Our relatively younger teams played their best against Cobar and Gilgandra. Most students became more confident as the day went on. Thank you to Amanda Mayes for assisting with the refereeing on the day.

**SCIENCE AND ENGINEERING DAY**
Every year students from Western Region schools compete in the Science and Engineering Challenge at the Dubbo Racecourse. This day aims to draw students into studying the sciences in senior years and sparking enthusiasm for a career in science or engineering. This year saw twenty Narromine students from Years 8 and 9 combine with twelve Yeoval Central School students to complete a series of challenges against other schools in the region.

Highlight challenges of the day included constructing a tower to support weight during a simulated earthquake, navigating through a maze blindfolded, building a working catapult and the bridge building challenge, which was conducted in front of all participants. Special mention goes to the catapult team who had the longest projecting catapult on the day. All students participated enthusiastically during the events and supported each other during the final bridge building event. Even with the huge amount of sticky tape used, our bridge didn’t stand a chance against Trangie Central School’s design but still managed to place in the top three.

The final outcome of the day, when all challenge scores were tallied, saw Narromine placed third overall from the eight schools competing. This was a massive improvement on previous years and was a reflection of the students’ participation on the day. Special thanks to Mr Crammond for driving the bus and to the students who represented the school showing the core values of RRC during the entirety of the day.

Cassie Goodhand
Science Faculty

**RYDA EXCURSION**
The Rotary Young Driver Awareness (RYDA) program is a community based road safety education program initiated by Rotary Clubs who work in partnership with organisations within the community who have a responsibility for, or interest in, road safety for youth. The program aims at reducing death and injury amongst young people on our roads and is designed to complement and supplement the school curriculum and government road safety messages. It focuses on attitude and
awareness to help sixteen to seventeen years old become better people on the road and highlights the privilege and responsibilities of owning and driving a car as well as being a passenger or pedestrian.

We had 27 students attend the RYDA program in Dubbo recently. The students received firsthand experience at judging safe stopping distances and how much difference travelling just 10kmph slower can make. They received tips from local road safety experts including driving instructors and the police. Students also heard personal accounts from road crash survivors of how just a few seconds or one wrong decision can be life-changing.

Our school thanks Narromine Rotary Club who funded the students’ transport costs for travel to this very valuable program. Miss Althofer

PLASTIC CONTAINERS
Home science/hospitality department would like your help. If you can send in any clean, unwanted plastic containers (e.g. Chinese/ice-cream containers) to enable students to take their cooking home, they would be greatly appreciated.

PBL UPDATE
Just a few messages from the PBL team this week:

Merit Assembly
Due to the recent development of a new merit system this term, our merit assembly for Term One will now be held in the second week of Term Two. This will allow enough time for the list of student merit award recipients to be finalised.

Focus
Our current PBL focus, Right Place, Right Time, Right Equipment, remains the same for the rest of Term One. So far our students have done a fantastic job in setting a positive tone for the start of the year. Keep up the good work Narromine High School!

SPORT LEISURE AND RECREATION (SLR) AND BIOLOGY CONQUER BREAD KNIFE
Thursday 12 March saw sixteen students, Mr McCabe and Miss Goodhand venture to the Warrumbungles for a combined excursion. On arrival, the local education officer gave all students a brief talk which explained the geological features of the park.

Whilst year 11 Biology carried out an environmental study on day one looking at the biotic factors of the local ecosystem, SLR students set up camp and completed an 8km bush walk.

The next morning, after bacon and eggs, the whole group ventured to Pincham camp where the group divided into two groups. One group completed a 6km walk
through the Breadknife valley whilst the other group completed the High Tops 12.5 km walk.
All students demonstrated respect, responsibility and care throughout the trip. The group came across a variety of wildlife, including goannas, black and brown snakes. They took plenty of photos and left only footprints.
Mr McCabe
PDHPE

MILO INDOOR CRICKET
Last week we saw AJ McNaught, Sam Green, Jordan Itoyia, Nash Rodda and Jack Davison head to Dubbo Sports World for Indoor Cricket. The boys found it a bit hard to adjust to the pace of Indoor Cricket in the first few games but soon found their feet. They were matched up against MAGS in their first game and went down fighting in a close game. The second game against the tough South Dubbo campus team was a difficult game for the boys but they never gave up and played with great sportsmanship. In the last game of the day they played Delroy campus and our boys ended up winning by 70 runs. Well done to Sam Green. He displayed exceptional captaincy and guidance for the others as well as high quality batting and bowling. Nash Rodda was a rock for the team behind the stumps bagging five stumpings in the last game. Jordan Itoyia was a ‘six hitting machine’ managing at least three sixes per game. AJ McNaught provided a consistent bowling effort with his medium pace in swingers that left most batters baffled for answers. Jack Davison was a consistent all-rounder that provided a rocket arm in the middle of the field to stop the batters getting sneaky single runs. Congratulations to all the boys who participated on the day.
Mr Crammond – Indoor Cricket Coach

STUDENT REPRESENTATIVE COUNCIL (SRC) CONFERENCE
On Tuesday 10 March, four students from Narromine High School SRC participated in the Lachlan District SRC conference at Trangie Central School. Sam Willoughby, Isaac Craft, Martrika Monday and Abbey Geyer all participated in discussions about our school and what we do as SRC. The students also took part in team building activities that were conducted by each of the schools, Nyngan High School, Tullibigeal Central School and Trangie Central School. Thank you to Trangie Central School and also Skye Rush for their organisation on the day.

MEET THE TEACHER – SIMONE GOOGE
Simone commenced teaching at Narromine High School this year in the TAS Department. She completed her schooling at Muswellbrook High School and studied Bachelor of Education (Technology & Applied Studies) at CSU Wagga Wagga graduating in 2014. When asked what she likes about Narromine High she said “everyone has made me feel so welcome and I love working with these beautiful students”. Simone enjoys cooking and travel and is currently studying Hospitality which she will complete in June this year.
A MATTER OF EXTREME IMPORTANCE
Aerosol cans are not to be brought to school
This is because we have people on site who have severe
life threatening reactions to aerosol sprays
Students have been advised of this policy
Failure to comply with it may result in suspension

FITNESS FOR THE FAMILY
Michelle Bridges talks about how to make
fitness a priority for the whole family
and the start of a lifetime habit for your kids.
Try out tips to keep your kids healthy,
active and out of the pantry.
Find out more:
/fitness-for-the-whole-family

THE BEST HOLIDAYS
HAPPEN AT CAMP

Entertain the kids this school holidays with
a Sport and Recreation camp. Our popular
Kids and Family Camps offer a range of
exciting activities to keep even the busiest
kid entertained. Try your hand at over
40 different activities, including fishing,
skill sessions, canoeing, crafts, kayaking,
tiara making and more. Led by qualified
instructors, you can rest easy knowing your
kids are in safe hands.

Kids' Day Camps start from $47. Family
Camp weekends start from $62 per day for
kids and $99 per day for adults. Kids under
5 attend free. Cost includes accommodation,
meals and activities.

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COME ALONG TO THIS FREE
WORKSHOP to learn about
how to save electricity and
money and have your
questions answered by experts.

We will cover:
what appliances use the
most energy at your home
tips on how to make savings
how to access finance to
buy more energy efficient
appliances and
how solar can reduce your
energy bill.

We will be offering 30 free
in-house energy assessments,
that you can sign up for on the day
(call ahead on 9400).

NSW Office of Environment & Heritage

Narromine High School
Respect, Responsibility & Care