WHAT’S COMING UP?

APRIL
30
• Merit Assembly
11.30 am
• Rugby 7’s – Bathurst

MAY
1
• Open boys soccer vs Warren @ NHS
• UNE Open Day

5
• UOW Info Evening

6
• Tertiary Day – Years 11 & 12
10 am – 2 pm

7
• Parent Teacher Interviews –
4.30 – 6 pm Multi Purpose Centre

12 – 14
• NAPLAN

P&C MEETING
TUESDAY
5 MAY 2015
AT 7.00 PM
ENQUIRIES –
PHIL SIMMONS
6889 8393

SOME SHOTS FROM TERM 1
“NEON” SOCIAL
PRINCIPAL’S REPORT

Welcome to New
It has been a pleasure to welcome several new students to our school this term. I am sure they will enjoy not only the academic aspects of our school but the many opportunities provided by our extensive extra curricula activities.

Anzac Day
Well done to everyone involved in organising and conducting the school’s ANZAC Day assembly, held on 24 April in the multi-purpose centre. It was a fitting tribute to our ex-service men and women. Many thanks to our students who attended the dawn service, the ceremony at the cemetery and the march. As representatives of our school, they displayed our core values of respect, responsibility and care.

Staff News
It was with great regret that we farewelled Mr Leite at the end of term. He was successful at interview for a position at Queanbeyan High School. An outstanding teacher, Mr Leite made an enormous contribution to our school over many years. We wish him well for his future in education.

This term we have welcomed Mr Greg Taylor to the maths staff and Mr Kerry Piper to the science staff. Both teachers are highly experienced and bring additional strength to the staff team. We are pleased to have Mrs Reynolds, Head Teacher English, return from leave.

Representing Australia
Congratulations to Year 9 student Brett Johnson who has been selected to represent Australia in the Indigenous under 16 team, to tour New Zealand. What a wonderful achievement!

Enhancing our Facilities
New carpet was laid over a large area of “A” block during the holidays. The painters were also

Pictured – vice captain Jack Gillespie and school captain Kaitlin Butcher
busy. Planning is underway for further maintenance early in the next financial year.

**School Plan**

Our school plan for 2015-2017 is now on the web site. It will soon be joined by our annual school report for 2014.

**Parent Teacher Evening**

Bookings are being taken at the school office for Parent Teacher evening on Thursday 7 May. Staff are available to speak with parents and caregivers throughout the year. Appointments can be made by phoning the office on 6889 1499.

**Keep in Touch**

Please don’t hesitate to contact us about any matter of importance to you. Nothing is ever too small to bring to our attention.

Angela O’Callaghan
Principal

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**Parent/Teacher Interviews will be held in the Multi-purpose Centre on Thursday 7 May from 4:30 – 6.00 pm**

**Please phone the office on 6889 1499 to make bookings**

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**2015 ATHLETICS CARNIVAL**

Congratulations to Doongara receiving 969 points and winning the 2015 Athletics Carnival Cup. Nurrewin came in 2nd with 830 points, Girrlalang 823, Wyamba 766. It was a great day enjoyed by all those who attended. Participation rates were up and most students put in 100% effort. Congratulations to the age champions of 2015. Last year was rained out, and this year there was a heat wave. Hopefully next year we will get it right! Some of our best athletes thrived in the hotter conditions, breaking some long standing records. They are always hard to break. It is an achievement of which the following students should be very proud of. Thank you to those parents who came along and supported their children during the day.

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*Pictured – Aiden Butcher competing in the javelin at the Athletics Carnival*
Broken Records Athletics 2015

<table>
<thead>
<tr>
<th>New records</th>
<th>Old Records</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aiden Butcher</td>
<td>D. Wise</td>
</tr>
<tr>
<td>14yrs boys Discus</td>
<td>38m (1984)</td>
</tr>
<tr>
<td>Kaitlin Butcher</td>
<td>A. Walker</td>
</tr>
<tr>
<td>17yrs + girls Javelin</td>
<td>30.44m (2006)</td>
</tr>
<tr>
<td>Isayah Kelly</td>
<td>J. Wallace</td>
</tr>
<tr>
<td>15 boys Long Jump</td>
<td>5.33m (1998)</td>
</tr>
<tr>
<td>Bradley Simmons</td>
<td>D. Smith</td>
</tr>
<tr>
<td>17+ boys Long Jump</td>
<td>6.04m (1988)</td>
</tr>
</tbody>
</table>

Athletics Age Champions 2015

<table>
<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>12yrs</td>
<td>Alex King</td>
</tr>
<tr>
<td>Lionel Peckham</td>
<td>12yrs</td>
</tr>
<tr>
<td>13yrs</td>
<td>Lana Walsh</td>
</tr>
<tr>
<td>Carlos Nykolyn</td>
<td>13yrs</td>
</tr>
<tr>
<td>14yrs</td>
<td>Lakeisha Hull</td>
</tr>
<tr>
<td>Aiden Butcher</td>
<td>14yrs</td>
</tr>
<tr>
<td>15yrs</td>
<td>Samantha Tighe</td>
</tr>
<tr>
<td>Ryan Fee</td>
<td>15yrs</td>
</tr>
<tr>
<td>16yrs</td>
<td>Emily Abbott</td>
</tr>
<tr>
<td>Jake Barnes</td>
<td>16yrs</td>
</tr>
<tr>
<td>17yrs</td>
<td>Lily Spackman</td>
</tr>
<tr>
<td>Bradley Simmons</td>
<td>17yrs</td>
</tr>
</tbody>
</table>

LITTLE NARROMINE DOES IT AGAIN!

Congratulations to Brett Johnson and Zarrin Galea who once again proved it doesn’t matter how small the community or school you come from, with hard work anyone can make it. Zarrin trialed for the Far Western rugby league under 16’s side against dozens of other boys from as far as Broken Hill, Lightning Ridge, Bathurst and Orange and was selected. Well done Zarrin!

Brett flew down to Sydney with four other boys from Narromine to trial against boys from all over Australia for selection in the Lloyd McDermott Indigenous under 16’s rugby union side. Brett was selected as fly half and will tour New Zealand next year with the team. Well done Brett!

Both boys, along with their school mates who also trialed, are to be congratulated for having a go and believing in themselves.

Lance McCabe
Head Teacher Science/PDHPE
CAREERS NEWS
Up and coming events
Friday 1 May UNE open Day
Tuesday 5 May University of Wollongong Information Evening in Dubbo

Register at - uow.edu.au/future/events

Wednesday 6 May Tertiary day
The Tertiary Information Day is held at Dubbo Senior College and every University in NSW and ACT will be represented, along with other exhibitors including the Defence Force, TAFE, Police Force Recruiting. Some interstate universities will also be represented as well as a few employment providers. Students will attend two sessions. One session will be with the tertiary providers and the second will be a seminar with UAC (university Admissions Centre). Notes have been handed out to Years 11 and 12.

YEAR 9 STUDENTS
Ever wondered what university life would be like??? The University of Newcastle is giving you the chance. Spend five days living on campus - attend lectures, workshops and workplace visits. This is a great opportunity to expand your awareness of career and study options. Please see Mrs Davison for an application form.

WHAT’S BEEN HAPPENING IN FOOD TECHNOLOGY
Year 7 have successfully completed their first assessment task for Technology Mandatory with Miss Googe’s class creating their own pizza designs. All the students did extremely well working independently and creating some very interesting pizza ideas. Mrs O’Callaghan even dropped by for a taste test.

Year 9 Food Technology students have been researching diet related disorders. For their assessment, these students were asked to choose a dietary disorder to research more thoroughly and then cook a meal for someone suffering from this disease. The ideas some students came up with were; chicken and quinoa salad, beef stroganoff, crab sushi, cauliflower pizza and steak diane.
Last but definitely not least, Year 10 have been studying food for special occasions. Their assessment task was to plan a birthday party, and design a cake that suited the theme. The students did a spectacular job. Their efforts should be commended.

PBL UPDATE
Hello and welcome to Term 2 from the PBL team. Our new focus for this term is “Following Instructions”. This means all students respectfully doing as they are asked by members of staff. There is a merit assembly coming up this Thursday at 11:30 am, where we recognise students for various areas of achievement at our school. We encourage parents and caregivers to attend, especially if your child is an award recipient. Hope to see you there!
Tim Walker
PBL Coordinator

ADIDAS CROSS COUNTRY FUN RUN
We will be holding an Adidas Cross Country Fun-Run as a major fundraising event this year. The event will be held in conjunction with our Inter-house Cross Country Run at Rotary Park on Wednesday 20 May 2015.
The School Fun-Run is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.
All students have received a sponsorship form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase new sporting equipment that the Student Representative Council has selected.
We ask all parents to read the sponsorship form and sign the front page to grant permission for their child to fundraise and participate in this event. Students who raise just $10 or more will receive a reward for effort. In the sponsorship form you will also find many other benefits such as the chance to win a family holiday to Disneyland!
You can also help us win an extra $1000 for our school, by participating in the Bupa Family Challenge. We’re encouraging all of our student families to register for the Fun Run Challenge at www.bupafamilychallenge.com.au. The Fun Run Challenge has been designed to help you and your child work together to prepare for the fun run. You will have access to fantastic training exercises, nutrition tips, recipes and health guides to help you get ready for your fun run and develop some healthy habits as a family. The school with the most registrations will win $1000 so every family counts! Remember to enter our school name and the FUN RUN promo code when you register.
Students wanting to track their progress, and use online fundraising, can do so by logging onto schoolfunrun.com.au/students and creating a Student Profile Page.
Finally, we would like to welcome parents and family members to attend the Adidas Cross Country Fun-Run event day at Rotary Park on Wednesday 20 May 2015 to help cheer on the students. If you would like to volunteer and help out on the day please contact the school on 6889 1499.
Thank you, good luck and happy fundraising!

Mr Hoyle, Sports Coordinator
GREAT AUSSIE BUSH CAMP
Thank you to those Year 7 caregivers who have been paying regular amounts towards the Great Aussie Bush Camp. Please continue to regularly pay small amounts by dropping into the office or paying online. This will avoid a last minute ‘dash for cash’ in term 4. Please contact the Junior Mentors if you have any questions.

BLOOD DONATION CHALLENGE
Narromine High School has registered for the Club Red online Dubbo Schools Challenge. The Club Red program is an opportunity for all kinds of groups across Australia to get together and do something special by regularly giving blood. This challenge encourages students and the wider school community to donate blood. We are asking parents and other family members (new and old donors) to register with Club Red and ensure your donation counts towards our schools tally. All you need to do is list Narromine High School as the organisation that you wish your blood donation to count towards. This week eight staff members donated blood and moved Narromine High from 6th to 2nd on the Blood Challenge ladder. We have three Year 12 students who have become Red Cross Youth Ambassadors for Narromine High School. They are currently organising a student group to donate blood.

Did you know:
• Currently only 1 in 30 people give blood, but 1 in 3 people will need blood in their lifetime.
• The majority of donated blood goes to people with cancer, as well as people who have suffered traumatic accidents, burns or those undergoing surgery.
• Every week Australia needs over 27,000 blood donations
• A single blood donation, when separated into its components, can help at least three different patients and contribute to making up to 22 different products.

STUDY SKILLS - SEVEN STEPS TO MAKE THE MOST OF CLASSTIME
So what are the advantages of using classtime efficiently? Well, you will complete more work in class and have less to do at home, your teacher will be pleased with your application and so will your parents when they read your report, and of course, you will learn more!

And if you don’t use classtime efficiently? Well you will have to do more work at home, you will find you don’t always understand the work, your teachers will have to be continually disciplining you and you may even make it harder for other people in your class to learn. So what does working effectively in class mean?

1. Sit next to someone who will help you stay on task.
2. Ask questions whenever you are unsure, unclear or do not understand something.
3. Be polite and respectful of your teacher and your classmates.
4. Come to the lesson with all the books, technology and equipment you will need.
5. Contribute your thoughts and ideas at the appropriate times.
6. If you find yourself day-dreaming ask yourself questions about what is going on.
7. Try at all times to stay on task and be focused on the work you are doing.
PLASTIC CONTAINERS
Home science/hospitality department would like your help. If you can send in any clean, unwanted plastic containers (e.g. Chinese takeaway/ice-cream containers) for students to take home their cooking, it would be appreciated. Thank you.

REPORT LOCUST ACTIVITY TO LOCAL LAND SERVICES
Locusts are becoming a big problem across the central west.
To limit their spread Local Land Services is asking farming families to report any locust activity (hatching, swarming, etc) they have seen by contacting their local LLS office, calling 1300 795 299 or visiting www.lls.nsw.gov.au/centralwest.
Your information is vital to controlling locust in our region.

FREE GRADUATED LICENSING SCHEME WORKSHOPS FOR LEARNER DRIVER PARENTS IN NARROMINE
Young drivers are three times more likely to be involved in casualty crashes. That's why Roads and Maritime Services have introduced a new licensing scheme, with more supervised driving practice for learner drivers.
To help parents in supervising learner drivers, Roads and Maritime Services has set up a FREE two hour workshop for parents offering practical advice on how to help learner drivers become a safer drivers.

A FREE Roads and Maritime Services parents' workshop will be hosted by David Riches on Wednesday May 20 at the Narromine Services Club from 5.30 pm – 7.30 pm.
Early bookings are essential, so phone on 0434 964 764 now to reserve your place, or email saferlearnerdrivers@gmail.com

A MATTER OF EXTREME IMPORTANCE
Aerosol cans are not to be brought to school
This is because we have people on site who have severe life threatening reactions to aerosol sprays

Students have been advised of this policy
Failure to comply with it may result in suspension

LIKE NARROMINE HIGH SCHOOL ON FACEBOOK AND STAY UP TO DATE WITH WHAT’S HAPPENING!