PRINCIPAL’S REPORT

Congratulations
Well done to our students who attended the regional trials for state athletics last week. My warmest congratulations to those selected to go to State. Thank you to parents who assisted with the day. Your help was greatly appreciated.

High Praise
It was a pleasure to take a call from a representative of Lithgow TAFE last week who praised the behaviour and resilience of our students who successfully completed a course in Outdoor Recreation. Commencing during the holidays, the course covered some of the coldest days Lithgow has experienced this year. Undaunted, our students applied their best effort to all tasks.

Staff News
Mr Dean Leite (pictured with Angela O’Callaghan and Trudy Althofer) was farewelled at a staff function on Saturday night. He spoke warmly about his ten years at our school and the Narromine community. The evening was very successful, with several former staff attending.

Interviews will be held on Thursday for the position of class teacher Technology and Applied Science (TAS). The successful candidate will be replacing Mr Clarke, who left us earlier in the year. It is hoped Mr Chris Schubert, successful at interview for the position of Head Teacher maths, may be able to start in his position at the commencement of term four. This is dependent on his current school, Delroy campus of Dubbo College, being able to replace him.

Education Week
Our Parent Teacher evening was a focus for 2015 Education week. Thank you to all families who were able to attend. Later this week, students from our MC class will be playing board games and cards with residents of Timbrebongie House, whilst they are entertained with musical items by Frances Sinclair, Sophie Walker and Kaitlin Butcher. Other events scheduled include a Year 5/6 gala day for local schools and students providing musical entertainment.

Professional Learning
On Saturday, we joined the staff of Narromine Public School to host a professional learning day which was attended by teachers from a range of schools. The key note speakers were Mr Ian Luscombe and his wife, Alison. Ian is a renowned expert in the behaviour management of children and adolescents with emotional and
behavioural problems. Alison is a medical doctor with over 25 years experience. In the last five years she has done extensive training regarding the role of nutrition in health, behaviour and learning. Evaluations of the day were extremely positive.

**Name Change**
The Department of Education and Communities has had a name change. It is now to be known as the Department of Education. Under recent changes, TAFE is no longer part of the department. It is an independent body, competing with other service providers to educate students in work skills.

**Please Let Us Know**
Please don’t hesitate to contact me about any matter that is important to you. Nothing is ever too small to bring to our attention.

**Top Achievers:**
Lakeisha Hull: Named player of the tournament at League tag last week
Chantelle Walsh: State championships for Irish dancing
Aiden Butcher, Kaitlin Butcher, Washington Itoya, Isayah Kelly, Brad Simmons, Lily Spackman, Jacob Taylor, Ryan Fee and Blane Corcoran off to State athletics
Parents who have provided transport and assistance with recent excursions.
Angela O’Callaghan
Principal

**WESTERN ATHLETICS CARNIVAL**
Congratulations to our students who competed at the Western Athletics Trials in Dubbo last week. The trials were held at the new state-of-the-art Barden Park Regional Centre of Excellence for Athletics in Dubbo. The day was cool and the forecast rain held off for the majority of the day. Our students performed very well across all events, against many other talented young athletes from across western NSW. The students stated that the new track was nice to run on and that they enjoyed competing at the new facility. Kaitlin Butcher comfortably held her ‘usual’ placing in her preferred event. As too did Aiden Butcher who kept Jacob Taylor right behind him. Lily Spackman showed her talent at shot put and long jump. Washington Itoya was up against a student with springs for legs, Brad Simmons comfortably won his run, but Isayah Kelly was defeated by 0.01 of a second. The following students placed in the top three of their event and are eligible to represent Narromine High School at State Athletics Carnival in Sydney 3 - 5 September.

<table>
<thead>
<tr>
<th>Student</th>
<th>Event</th>
<th>Place</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aiden Butcher</td>
<td>1st Discus, 1st Javelin, 1st Shot Put, 3rd 100m</td>
<td>14yrs</td>
<td></td>
</tr>
<tr>
<td>Kaitlin Butcher</td>
<td>1st Javelin</td>
<td></td>
<td>17yrs</td>
</tr>
<tr>
<td>Washington Itoya</td>
<td>2nd High Jump</td>
<td></td>
<td>15yrs</td>
</tr>
<tr>
<td>Isayah Kelly</td>
<td>2nd 100m</td>
<td></td>
<td>15yrs</td>
</tr>
<tr>
<td>Brad Simmons</td>
<td>1st 100m, 1st 200m</td>
<td></td>
<td>17yrs</td>
</tr>
<tr>
<td>Lily Spackman</td>
<td>1st Shotput, 1st Triple Jump, 2nd Long Jump</td>
<td>17yrs</td>
<td></td>
</tr>
<tr>
<td>Jacob Taylor</td>
<td>2nd Javelin, 3rd Shot Put</td>
<td>14yrs</td>
<td></td>
</tr>
<tr>
<td>Edward Walker</td>
<td>1st Shot Put</td>
<td></td>
<td>15yrs</td>
</tr>
<tr>
<td>15yr boys 4x100m relay 1st place: Washington Itoya, Blane Corcoran, Ryan Fee, Isayah Kelly</td>
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</tbody>
</table>

**PARENT AND CARER INFORMATION: ATTENDANCE INTERVIEWS**
During Term 3 interviews will be held with students whose attendance data is of concern.
These will be conducted by the Home School Liaison Officers (HSLO)
From Dubbo during school hours.
Michelle Lyons (Attendance team)
WESTERN ATHLETICS AT BARDEN PARK REGIONAL CENTRE OF EXCELLENCE
FROM THE DEPUTY’S DESK
Year 11 2016
It is subject selection time for Year 10 students as they commence to plan for Year 11. The task can be daunting. The key message for them is to choose subjects in which they have an interest. The subject information book provides details about subjects on offer. It is strongly suggested students work closely with our careers adviser, Mrs Jan Davison, when choosing subjects.

Pathways
Did you know the Higher School Certificate can be achieved over five years? This is especially helpful for students including those with health problems and family matters that impact on their ability to complete coursework.

School Counsellor
Our school counsellor, Ms Lee Seve, is available on Monday and Tuesday of each week to support our students. Please feel free to contact her through the school office to discuss any concerns you may have relating to your child.

Careers Adviser
Mrs Jan Davison, our careers adviser, is happy to work with you on any aspects of your child’s post school planning. She has a wealth of knowledge on topics such as work experience, school based apprenticeships and traineeships.

Sean Crammond
Relieving Deputy Principal

THIS TERM IN FOOD
Year 7 – are getting ready to begin planning their Pizza assessment where they will design and create their very own pizzas.
Year 9 – are starting a food trends unit, where they will be researching and cooking foods that are currently ‘trendy’. Their assessment will come later in the term and they will be designing and creating their own trendy meals.
Year 10 – are about to start their new unit ‘Food Product Development’ which is all about new foods on the market and the process of creating new products. Their assessment will be the development, creation and presentation of a new food product.
Year 11 – Are continuing along into the more practical aspects of the Hospitality course. There are plans this term to start a coffee shop which will allow them to practice their coffee making skills, it also helps the teachers practice their coffee drinking skills
Year 12 – have one term left and the majority of it will be spent revising work from the entire course and practicing past papers.

AGRICULTURE
Agriculture students have been working hard throughout last term.
Year 7 and Year 9 are currently working with the chickens which we received as day old chicks last term. We have five broilers and five Isa Brown laying hens which are growing well. Year 7 are monitoring the chickens growth by recording their weights on a weekly basis.
Year 8 have been busy preparing their vegetable gardens which we will plant with winter growing vegetables shortly. Year 8 have been learning about the care and management of livestock. Late last term Jack Miller from JP Miller livestock scanning volunteered his time to come into the school and demonstrate pregnancy scanning which the students thoroughly enjoyed.
The show team have been working hard at preparing the steers for the upcoming show season. Our first show will be the Tullamore show in August. The steers look fantastic and we are looking forward to seeing how they go at the shows.
WHAT WE ARE READING THIS TERM

David Malouf, a renowned Australian author, recently wrote:

_When we are born into a language we are also born into a culture and its literature. To be fully at home with the ideas and feelings that the language carries with it, we need to read as widely as we can._

Reading is central to our lives and as such is always relevant, be it on our iPhones, kindles, computer screens or good old paper copy books. It is vital to encourage your students to read REGULARLY AND WIDELY and let them see you do the same! Their success at school and beyond depends on it.

Currently in English we are reading widely across the year groups, as required by our new syllabus.

Year 7 are reading a wide range of poetry in different forms. Year 8 are reading true stories about refugees, mostly in digital form. Year 9 are reading _The Taming of the Shrew_ and _Romeo and Juliet_ by Shakespeare. Year 10 are reading a modern Australian play called ‘Stolen’ by Indigenous author, Jane Harrison. Year 11 are also reading a range of poetry with distinctive ideas. Most of year 12 is reading the novel ‘The Story of Tom Brennan’ by J.C.Burke.

What are YOU reading at the moment?

A MATTER OF EXTREME IMPORTANCE

_Aerosol cans are not to be brought to school_

This is because we have people on site who have severe life threatening reactions to aerosol sprays

_Students have been advised of this policy_

Failure to comply with it may result in suspension
Supervision

Supervision is the centrepiece of effective parenting during childhood. When youth begin to spend more and more time away from home, monitoring their behaviours and whereabouts is challenging. Supervision helps parents recognise developing problems, promote safety, and stay involved.

The 4 Cs of supervision can help you with this difficult task:

**Clear Rules** – Have a few non-negotiable rules about your child’s behaviour and state them clearly. For example:
- “Give me a phone number for any place you will be.”
- “I need 24-hour notice for spending the night or going to a party, dance, or other special event.” (This gives you time to check out the event.)
- “No friends at the house when I am not at home.”

**Communication** – Regular communication with other parents and teachers
- Keeps you involved in your child’s activities
- Creates resources to deal with problems and builds a strong safety network for your child
- Informs you of dangerous places or people

**Checking Up** – This lets your child know that you care about his or her safety and that your rules are important. This is hard for some of us because we want to trust our children and they may resist our efforts.
- When your child gives you the phone number of a friend, call it and talk to the parent.
- Meet all the parents of your child’s friends to make sure new situations are safe and supervised
- Find out about the parties and special events your child wants to make sure that responsible adults will be supervising.

**Consistency** - Supervision is most effective when parents set clear limits and follow through with consequences for misbehaviour. Also, be consistent with giving praise and incentives when a rule is followed.

How do you supervise when you are not at home?

- Know your child’s schedule
- Call your child at varying times
- Have your child check in with you or other caregivers when he or she reaches home
- Have your child check in when he or she reaches their destination
- Surprise your child with a random visit or call
- Remain in communication with adults who interact with your child

**Extra Tips**

- Stay involved
- Spend time listening your child
- Know who your child’s friends are and watch your child interact with them and others
- Talk to the parents of your child’s friends
LEGACY PUBLIC SPEAKING

Today, Melissa Healey and Ella Geyer took on the challenge of participating in the Legacy public speaking competition. Both were up against some very tough competition, with students coming from Dunedoo, Coonabarabran, Parkes and Bathurst. Ella’s prepared speech was “Laughter” and Melissa spoke about “Communication”. Both provided some interesting facts which the audience took on board. They then delivered an impromptu speech on the topic “Going Places”. Both girls spoke really well and should be congratulated on their efforts. Thank you to Mrs Janice Monk for travelling from Dubbo to be the adjudicator. The winner of today’s competition was Brittany Doolan from Coonabarabran High School. Brittany now travels to Parliament House Sydney for the next round.

Abby Geyer, Mark Coleman, Holly Monaghan and Frances Sinclair were our student helpers for the day and did an excellent job. Thank you to Ms Althofer and Mrs McGaw for hosting the competition and supplying morning tea for the participants.

Mrs O’Callaghan presented Certificates to the participants in the Legacy Public Speaking Competition

Melissa Healey, Ms Althofer, Ella Geyer, Frances Sinclair
Mark Coleman, Abbey Geyer and Holly Monaghan

Brittany Doolan being congratulated by Mrs Janice Monk, adjudicator
We thank our wonderful local schools, teachers and students for your continued support in the Art & Craft Section of the Narromine Show and we look forward to setting up this year’s display.

A few reminders -

- Entry fee - 0.30c for each art work presented
- High School sections - Open Art and Craft Junior Years 7 – 10 and Open Art and Craft Senior Years 11 – 12
- All art work and fees are to be handed into the show office by Tuesday 1 September (no later than 4.00 pm) as judging will take place on Wednesday morning
- All work must have tickets attached with school name, students name, class and age on the back
- Students may enter an age class above themselves, but not below
- All school artwork can be collected from the show office on Monday 7 September between 9.30 am and 12.30 pm
- All prize money (first $3.00/second $1.00) is to be collected on show day from the show office before 5.00 pm

For further information please contact Jules Rae on 0447 898 123

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**DUBBO STAMPEDE**

**A RUNNING FESTIVAL FOR EVERYONE**

Hello everyone!

Welcome back to Term 3! With the new term comes a wonderful opportunity to sign up for the **2015 Dubbo Stampede** to be held at the Taronga Western Plains Zoo on **Sunday 6 September**! Many of you have been part of The Stampede in the past, helping to make it a wonderful community experience and we would love for you to take part again or perhaps participate for the first time.

The event that often appeals to families is the **5.5km Dingo Dash**; a walk, jog or run that loops past animals from all around the world. However, the **10km Cheetah Chase**, the **21.1km Zebra Zoom** and the **42.2km Rhino Ramble** are also alternatives.

Each year we run a **Schools’ Challenge**. Anyone who registers for one of the events at the Stampede can choose to register with a particular school; the school racking up the most registrations in given categories, receives a substantial monetary prize and trophy.

Details regarding events, times, pricing, merchandise and the registration process are available at [www.dubbostampede.com.au](http://www.dubbostampede.com.au)

An event like The Dubbo Stampede also requires many, many enthusiastic volunteers. If you think that encouraging walkers and runners or helping out is something you or your family would like to be part of, we would love to hear from you via [contact@dubbostampede.com.au](mailto:contact@dubbostampede.com.au)

We look forward to seeing as many of our local families (and your friends and families!) as we can on Sunday 6 September.

**Sarah Strahorn – Schools’ Co-ordinator**